

ATTRIBUTION TABLE

Link Number	Author/s and Date	Title	Source	License
Video 1	Janice Steele, York Technical College March 21, 2014	Module 1 Developing Emotionally and Physically	http://youtu.be/T23aqPSEt_rY	CC – Attribution 3.0 Unported (CC – BY)
Video 2	Mac Anderson (simpletruthstv) June 3, 2009	The Power of Attitude by Mac Anderson	http://youtu.be/wkffx_NbzEg	Standard YouTube License
Figure 1	Celestine Chua August 30, 2013	Steps to Success	https://www.flickr.com/photos/celestinechua/9629763644/in/photolist-fEX4eE-579yv9-dWvvy3-8Xdq3A-dBdVvH-jiwmoq-9PH1ky-gbwmNC-5WoGvo-dXze7V-jCzWVE-bBYZnd-9UuMMj-2WgkV-dS84uN-dS2t1z-ec5xA9-f6JEGH-h1tFVc-bQHiVH-duy6mQ-eaNoix-f9qGsi-dS85iC-8eakUV-c65zNW-2SYrZc-nVpXL1-e88czY-dS85sb-nEXtPe-jGL5Ah-dzs8SE-4XW5gW-ckijPs-9akfHA-bQRp2g-htAifP-bRaVf2-htAihT-fEJiS6-8vEXxW-nD1Xcm-GvaGU-h1oW9n-bVWPAL-8sYq49-dS2sJF-8LCFau-h8WN15	Creative Commons Attribution (CC – BY 2.0)
Video 3	Janice Steele, York Technical College March 21, 2014	Defining Success	http://youtu.be/nCCK39USUcg	CC – Attribution 3.0 Unported (CC – BY)
Figure 2	Celestine Chua October 27, 2013	To Have Succeeded	https://www.flickr.com/photos/celestinechua/10508231435/in/photolist-h1zr74-6dgKyF-5XYbYA-aqJkNN	CC – Attribution by 2.0 (CC – BY 2.0)
Definition 1	Merriam-Webster (2014)	Definition of Success	http://www.merriam-webster.com/dictionary/su	Merriam-Webster (2014) Copyright – ww.Merriam-

			ccess	Webster.com
Definition 2	Merriam-Webster (2014)	Definition of Characteristic	http://www.merriam-webster.com/dictionary/characteristics	Merriam-Webster (2014) Copyright – ww.Merriam-Webster.com
Figure 3	Staroversky February 9, 2014	Success – Characteristics of Successful People	https://www.flickr.com/photos/26629511@N07/12424523535/in/photolist-jVUVZ2-9NDZCz-9NwF7E-58FtfD-9NDvLH-58AWsc-58BQXP-58Fxm7-58C57a-58FjE5-58CoVB-58C7rB-58Fn8E-58ARRa-9NFyCU-9NKiVG-9NGKrb-9NG2ay-bssKNs-9LBui6-9NH9LR-9NFRPe-9NEH8j-8RSQ7A-aHCsVn-9NJybd-9NFTxC-9ND8t4-9NxpGY-9NDcae-ehbrW4-5mSoVV-9NBBMn-9NFVNX-8BTqDZ-9NCoZR-aKG6Wx-9NFdKN-jAMJPo-2WKVCa-97UwYB-9NF1UU-58Fp6G-5BvTXg-58BHzz-58BNFc-58B6qz-58BpY2-58GrHE-58B3HX	Creative Commons – Attribution – Non-Commercial – 2.0 (cc – BY – NC – 2.0)
Video 4	Leizhg, May 23, 2007	Warren Buffett MBA Talk – Part 1	http://youtu.be/DfuXKpMFUjc	Standard YouTube License
Video 5	Janice Steele, York Technical College March 21, 2014	Module 1.2 Intro	http://youtu.be/oe4Sly92Bq8	CC – Attribution 3.0 Unported (CC – BY)
Definition 3	Merriam-Webster (2014)	Definition of Belief	http://www.merriam-webster.com/dictionary/beliefs	Merriam-Webster (2014) Copyright – ww.Merriam-Webster.com
Figure 4	Trina November 19, 2010	Whether you think you or you think you can't, you're	https://www.flickr.com/photos/52600701@N04/5664	CC – Attribution Non-Commercial, Share Alike

		right	269676/in/photolist-9CwS31-cNQBcA-fvywZu-6QDGgn-5umm3P-TzN38-iHTyLU-afqVyF-fvWiAR-fbuEmA-8Utdxm-kFyeYX-4tWuw4-4z9PtS-msi2jZ-4z9TEf-gUotT5-fGRykT-k4JfTZ-ff6xhp-jP4hox-fnyKvK-8kr92T-63pHfi-bdHDen-fqcYPz-97a7oQ-jSQoct-66vrgt-feCZxY-ceZiHY-ceZ9wY-9ac65n-g1KXpN-6fNE8x-fXD3t5-nwRJCx-gPbuy6-nnp7fz-51okhB-fgNkRK-9KTQm3-bAWKH4-9veySu-atn51g-5rrWfF-6Y1F2G-8i1ArP-iEhb9W-iEjPLh	2.0 (CC – BY – NC – SA 2.0)
Video 6	Hoola Kidz August 14, 2012	The Fox and the Grapes – Aesop's fables	http://youtu.be/teIj7fak6eU	Standard YouTube License
Video 7	UK Advert Channel, Susan Boyle April 11, 2009	Britain's Got Talent 2009 Episode 1	http://youtu.be/RxPZh4AnWyk	Standard YouTube License
Reading 1	Mayo Clinic (2014)	Positive thinking: Stop negative self-talk to reduce stress	http://www.mayoclinic.org/healthy-living/stress-management/in-depth/positive-thinking/art-20043950	1998-2014 Mayo Foundation for Medical Education and Research – All rights reserved
Video 8	Janice Steele, York Technical College March 21, 2014	Module 1.2.3 Self-fulfilling prophecy	http://youtu.be/bUOa3cFZOPY	CC – Attribution 3.0 Unported (CC – BY)
Video 9	Janice Steele, York Technical College March 21, 2014	Module 1.2.4 Victim or Non-victim	http://youtu.be/8i-UnRM8t5k	CC – Attribution 3.0 Unported (CC – BY)
Reference 1	Boethius (2010)	Serenity Prayer	http://prayerfoundation.org/dailyoffice/serenity_prayer_full_version.htm	Public Domain as stated by Prayer Foundation Copyright 2010 – All rights reserved

Video 10	Janice Steele, York Technical College March 21, 2014	Module 1.3 Improving Self-Esteem	http://youtu.be/B-UiCA6gp3E	CC – Attribution 3.0 Unported (CC – BY)
Definition 4	Merriam-Webster (2014)	Definition of Self-Confidence	http://www.merriam-webster.com/dictionary/self-confidence	Merriam-Webster (2014) Copyright – ww.Merriam-Webster.com
Video 11	The Family Man June 16, 2011	The Family Man (8/12) Movie CLIP – Interview at the Old Job	http://youtu.be/aZV1XI9qZUc	Standard YouTube License
Video 12	Janice Steele, York Technical College March 21, 2014	Module 1.3.1 Self-Belief Cycle	http://youtu.be/T_zq_kiK4aU	CC – Attribution 3.0 Unported (CC – BY)
Reference 2	Mind Tools (2014)	How Self-Confident Are You? Improving Self-Confidence by Building Self-Efficacy	http://www.mindtools.com/pages/article/newTCS_84.htm	Copyright 2013 – All rights reserved – Mind Tools, LTD. OK to link to site in the copyright information
Video 13	Janice Steele, York Technical College March 21, 2014	Module 1.3.2 Unlimited Potential	http://youtu.be/n7h6jmQ4E4E	CC – Attribution 3.0 Unported (CC – BY)
Definition 5	Merriam-Webster (2014)	Definition Potential	http://www.merriam-webster.com/dictionary/potential	Merriam-Webster (2014) Copyright – ww.Merriam-Webster.com
Figure 5	BK June 17, 2013	The only time you fail is when you fall down and stay down.	https://www.flickr.com/photos/pictoquotes/9066705931/in/photolist-ePceN4-29RVSQ-5AByeQ-5zd2cK-e9Jewf-aDuQPe-8kqUMp-azTLcr-dggsBE-5AxiFe-hKFHy2-5ABxpw-mVTyN-8kqT5X-dromnM-8kqUgt-5zhj7m-8Rz6N3-dvwSTm-8ku5Rw-5ABxS7-g1KQ9p-8kqWBn-g1KHa3-8Mn3cq-8Y9GTe-5zhjnj-8kr92T-5AByw3-5zd1Pe-7xEgz8-g1KxNh-g1KZ7p-8qxkhi-5z8Fwo-97DZmh-5z8FrL-gV2wyk-iULUCp-	CC – Attribution Non-Commercial 2.0 (CC – BY – NC 2.0)

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Figure 6	Celestine Chau January 18, 2014	Potential	https://www.flickr.com/photos/celestinechua/12010357456/in/photolist-ijjdQy-51DNiZ-9M2DZZ-bXdE3-eAhBt6-eUEWnK-nAm7fp-dPFQGc-9NEwpU-9NGBho-9NwrEg-8aw8L8-4YTLy2-571CYA-85U1g4-m5wzyc-cmG9qd-cmG9wb-cmGoyG-atpHYj-9ND1jY-9NC5eF-aSRqtv-9NH11D-atn51g-cmG6jw-cmG67Q-cmGaFL-cmsSEL-cmvWxQ-cmG9K3-eZbScr-cmG9y3-ck7NmU-ck7RpG-47DBvp-cmGaB7-hNos6L-qZLG4-e4f3xc-9NJdLE-9NDy6B-MxpdU-cmG8xL-cmsUTd-cmG9DN-cmGxc9-7dG8Xd-9ND4FA-qwL6e	Creative Commons – Attribution 2.0 (CC – BY 2.0)
Video 14	Janice Steele, York Technical College March 21, 2014	Positive Self-Image	http://youtu.be/jkzSZcAvq_xw	CC – Attribution 3.0 Unported (CC – BY)
Figure 7	Will Lion December 16, 2008	linger first impressions	https://www.flickr.com/photos/will-lion/3113287885/in/photolist-5K7q2k-9bL3pL-gaRTJ-fDeZqL-6ge2fz-8uqbsm-hhVXYE-fDfdBA-8NL1fV-84e2ji-6rh5Sj-6qJSXH-8dhPk-7zfFmG-	Creative Commons – Attribution Non-Commercial, Non-Derivative 2.0 (CC – BY – NC – ND 2.0)

			fKkcsp-7Gd2Rb-cGBVpL-cGBUMd-gH7zu-86MA3-9qWxry-b6Ptk-86APj-8cHfj-86ASW-8ntELv-bZUA5-bVWBMB-86ARX-49LB1A-5WLMl-5WLn-5WLn1-8dhQj-3w2Xti-3w2Y6D-3w2XHT-3w7pjm-99yKyp-dRV28Y-dRV27N-dRV26h-dRV29o-dRV29u-dRPqTa-89tYW-5CPVik-5CPVfK-a2XV1q-aNpidi	
Figure 8	Michael May September 26, 2010	me v2010-09-26	https://www.flickr.com/photos/joffi/5027522891/in/photolist-gnr2d9-8E5pPS-aNZnR6-aNZkGX-mpyUA2-dDLJ63-7xgeiP-7mLDEh-9g6AFQ-Jziv5-MdLao-dDM3Eh-8Egnpa-M8SMY-ekqJb-F3v3B-Kzbc9-7QcpwS-bnT8w-CDy5m-dDF9Yx-9ExiBo-uA56v-aNZnni-77b1Bb-535aDX-2KPKb-518cGU-aNZmwr-5n37va-3FH6JG-evwf-9EmRTW-belzzz-bevVoH-aNZmUH-8db1qf-7enfg7-8YapSA-6iBSWV-5mdGnT-dDFbtg-dDFsgz-7abXcJ-8i4gdh-a9C8SY-78EHDe-6z84bn-dDMeRh-b6ZCPM	Attribution – Noncommercial- No derivs 2.0 Generic (CC BY-NC-ND 2.0)
Figure 9	Jhayne January 6, 2006	Avoiding Eye Contact	https://www.flickr.com/photos/foxtongue/83633700/in/photolist-6PrDyv-bGYHnk-eVwWkD-gzp59U-81qmKN-9RXmCf-fmF5fo-9NEtYQ-	CC – Attribution Noncommercial – Share alike 2.0 Generic (CC BY- NC-SA 2.0)

			<p>9NGKrb-9NAsCc-9NGabs-9NGBho-9NEwpU-dyw1LL-dMnUfK-j9TUTs-863iMp-9NGcbW-5UBNqj-6sDib8-2Upp4-4z9Kkf-4z5BbR-4z9Nv5-9Zd3Qq-9ZcXzm-4z5xYa-9Zd17Q-afkrnE-4z5AY2-4z9NVY-4z9Q9d-4z9NjU-4z9QQG-9ZcYQd-4z5xaM-4z9LEf-8oDom-4z5ymX-634K5H-4z5Bhr-9Za6nT-4z5wrn-4z5wF8-c1DdA-4z9LTQ-g1M4G2-6nwnqA-8NG8Vy-8bBeGT</p>	
Figure 10	Bill Abbott March 24, 2013	My VW Rabbit's 10 year birthday	<p>https://www.flickr.com/photos/wbaiv/8587536257/in/photolist-c8b7j9-gMkaX-e5RnkX-e9S2uD-7TPm15-e9S1dz-fdu7dr-e9SdfF-e9XLkL-e9YaAq-e9XFPj-e9Syic-e9SuYr-e9YgEj-e9S5RF-e9Y1hj-e9YcG7-e9SgCe-e9XLWj-e9Sz96-e9XY3j-e9S4TV-e9XSNN-e9XUyC-e9Sstx-5hPdkc-e9SBjM-e9XP45-e9XTKU-dgiGNU-e9RZPF-e9S2Tr-hdAx2A-e9XNcs-e9XJMS-e9Y2P7-dv9cYu-fZhiJN-e9SxvH-e9S3FH-e9S3dT-81P4NA-e9Sjer-e9XWcG-e9Y7NJ-e9SdUt-e9SzMh-e9S9Wx-e9Yach-5ETs9f</p>	CC – Attribution Share Alike 2.0 Generic (CC BY-SA 2.0)
Figure 11	Nathan Gibbs August 19, 2009	Waiting	<p>https://www.flickr.com/photos/nathangibbs/3902203895/in/photolist-4Fen8g-eaKMo1-6WPPqv-</p>	CC – Attribution Noncommercial – Share alike 2.0 Generic (CC BY-NC-SA 2.0)

			<p>5z4cT9-4GRMJ2-9hju4-5QkSvn-gK9u8-3gqh4a-akj8Mq-52cQ5m-7NyhC-4Bnhaq-e71NE5-fQn612-beWudi-4XnQfk-xdvc-dw2yTB-5DukGn-4q4rwn-8C6ZSM-egwxN8-eEXJgu-36pwj6-83pEk-m8MCMt-7Bsk96-9BJLir-81zdya-d2iVYf-5SMZaV-cT2PZ7-aDhHMR-aD2zj9-9Q3v69-aD2yRW-aD2zBw-aCXGxk-6zdSie-bv71LE-avM6k4-8xUz7v-98YmTi-5Zc2Q8-fmBe6y-4EaZNR-725trh-6mDzQv-85H4NN</p>	
Figure 12	Kat S June 24, 2006	Frown	<p>https://www.flickr.com/photos/89484003@N00/178873506/in/photolist-gNLRy-gNLTB-5nitoU-gjGeFV-65pXG1-9SMVN-4AHUNm-4BdQWG-6vAFpE-6uFiHy-3et36k-59U9RK-7ihS9m-iZ45n7-29jftn-vY338-3McF3w-8nLLpo-7z7HW8-6ES7ER-4YSPsm-HpiHB-6maDDr-dCeWPA-4utsc7-8jk3SC-f6Kn5-7F124t-8M3ziJ-5FZsYA-4j6Kz-6E3Xqr-4apSsS-bm658T-9S5wZ6-LjViH-7ewLZF-3eV7cz-5UWL41-6mnb33-4nGAaN-94Rwzk-5FVcXv-5A6Lns-suA73-bifwJa-6bXuag-5ph3o3-5GuuyL-8kx1ht</p>	CC – Attribution Noncommercial – Share alike 2.0 Generic (CC BY- NC-SA 2.0)

<p>Figure 13</p>	<p>Ed Yourdon May 20, 2013</p>	<p>New Yorkers don't have screaming matches, but they have serious conversations...</p>	<p>https://www.flickr.com/photos/yourdon/9116218954/in/photolist-eTz1hS-4fSbHb-87GXZ1-vvDRf-5YrxHF-51QFqR-4nicAe-gFMU9Q-eayK1s-hCav5-4ZzDc2-Bs1TR-ig32ir-5udTf2-6YhTAJ-8nZs5P-5xi8KT-2Dvfxp-5bXRnT-dyvC7x-4VrcS8-62dgRG-7x1MxW-akrwVQ-99SBFB-kkMvdr-4izQV6-2qSpp-fw4S53-aH2mbH-9igTCw-agm2fs-HdQFP-tjQR-JRPAb-8aAcjZ-5xhJpB-51uRY6-9RmQvK-5rLjqf-eLhJ9R-8JAaGa-apgM7j-e48Xm-7wWZjr-5Jua35-az3Aq-6Ldtip-6Ldtgr-bAFxdd</p>	<p>CC – Attribution Noncommercial – Share alike 2.0 Generic (CC BY-NC-SA 2.0)</p>
<p>Figure 14</p>	<p>Laura Weis August 14, 2007</p>	<p>Nail Biter</p>	<p>https://www.flickr.com/photos/hotsaucejane/1429728708/in/photolist-mjzZ3-6HVPWS-8kysxk-7v65MN-7v65E9-7Hsino-NhPK7-j2FGo2-3J43Q3-ABWd6-bkr1DF-6ebhKa-3bkJwY-68Betb-24EAA9-48SRGW-5QTzbJ-9rDpz7-gp8Hd-5W9zcf-5WVUWW-9kXamm-7VzHHe-qf7cH-52GnZH-4WZgoi-4AajPA-dmp1uc-6bChNv-5SUg7W-8QTSzA-4peh8Q-7RLa8c-r9spk-4kBUaW-8zFy5p-7v65Ud-9oY7iy-bvXHUR-6n7oAS-4XQy6-dfS6E-aBMBup-5bMbWQ-5F6zWx-</p>	<p>CC – Attribution Noncommercial- No derivs 2.0 Generic (CC BY-NC-ND 2.0)</p>

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Figure 15	David Woo July 16, 2010	IMG_5499	https://www.flickr.com/photos/mckln/4814948204/in/photolist-6fSS4o-8ktK9q-7bEgAA-8kuzhC-8krnzi-8ku9vW-8kurdm-dGPvVb-8ktTky-8kugS3-xs3uK-dkX8Sa-6fNwuc-6fNCJz-9quBGd-8kqDHH-8kqEEg-8kqyLZ-8kqyu6-8kqFJF-8krjD-8krkTB-8kuncC-8ktSmm-8kqEvR-8ktMro-5z3AHy-9mbMdj-5dLLkn-8kuhmf-53aRN4-8ktPu5-7U4QqH-bMvUB4-7i3G4x-6fSPXj-6fSPSw-6fNCRv-6fNBBp-6fSRSE-8CndZU-6fSN8j-8ktUh5-8kuzsS-7TSNJ6-6fNLyH-8kufiw-8ktTwC-8vsw4G-3pLYU7	CC – Attribution – No derivs 2.0 Generic (CC BY-ND 2.0)
Figure 16	Ed Yourdon December 8, 2011	More Cuba, Dec 2011 020	https://www.flickr.com/photos/yourdon/6607265119/in/photolist-b4RXJ8-iYefmk-yP8Ni-k2BFR-7cLCgr-7cLE4e-8kqWBn-a67t2G-6pxzqg-eSD29R-7dgVt6-7dgXba-6UBvE8-7cQxT9-7a9jqg-9mAAqx-bEm86H-mv8UvE-9pUWUv-eYK99L-4z9Kw7-4z5B84-8YxEBy-6fNE8x-4z9SCb-6oe4Ug-6fSPFQ-prTRy-4z9PtS-4z9TEf-hKg83s-4z5Arc-8Sw2tr-jygpjD-fy5eeT-8kuiNw-cQay4s-6fNEVF-4z9Pzq-4z9NDQ-aWPTWt-5GMZbN-	CC – Attribution Noncommercial – Share alike 2.0 Generic (CC BY-NC-SA 2.0)

			4z5yTe-4z5vv8-kFyeYX-9v7WBt-568idT-apnzxa-a2DqCX-cvGD8w	
Figure 17	Ed Yourdon August 24, 2010	Just because you're my daughter doesn't mean I can give you a raise every six months, Sonia... (folded arms)	https://www.flickr.com/photos/yourdon/4963639118/in/photolist-8yBWYN-gViLSi-cwcs21-weTFM-4PRg9B-5fGN5d-8jkJ1Z-4LC9cf-2Egsw-4UhNjy-6qJ7iw-scSja-dTDwtX-cP3Bbd-eg7dhp-csN4gU-7bhoFe-74tuFN-tK6f-ixqw2P-5dvjXj-eu9N8P-4TPiPv-bgKRDe-bLmjs6-4VXdcF-4MUV6t-5KAXYo-5v8b4e-afxLDS-9nfN43-a8iy5v-64tFCY-9gBRBo-ng1DZX-PVD7R-ieY7TN-iMBz3S-8sUJXt-iMxrKA-iMBzib-iMuGdr-aDm3HJ-d6zTUo-c9wo9W-6RdLpC-c6xLfd-iKUyyV-iKUy2H-bpZvVo	CC – Attribution Noncommercial – Share alike 2.0 Generic (CC BY-NC-SA 2.0)
Video 15	Mina Williams And Ivan Lowe, York Technical College March 21, 2014	First Impressions	http://youtu.be/fwTwWkk7T5s	CC – Attribution 3.0 Unported (CC – BY)
Video 16	Janice Steele, York Technical College March 21, 2014	Characteristics of a Professional	http://youtu.be/xs0otLJOyg4	CC – Attribution 3.0 Unported (CC – BY)
Definition 6	Merriam-Webster (2014)	Definition Professionalism	http://www.merriam-webster.com/dictionary/professionalism	Merriam-Webster (2014) Copyright – ww.Merriam-Webster.com
Video 17	US Department of Labor October 17, 2012	Soft Skills -- Professionalism	https://www.youtube.com/watch?v=7dPWVjQSad4	CC – Attribution 3.0 Unported (CC – BY)
Figure 18	BK September 9, 2013	Just because we're in a stressful situation doesn't mean that we have to get	https://www.flickr.com/photos/pictoquotes/9704007861/in/photolist-efVWai-	Creative Commons – Attribution Non-Commercial, Share Alike

		stressed out. You may be in the storm. The key is, don't let the storm get in you	7wJa5b-fMvzsn-bw3ghg-7xfhLQ-8GK1b7-6Z5JbJ-FqZCU-bEns7s-63vWfM-bm8aNU-8vEXxW-9QidaG-mnNmqp-bVWPAL-nsVyCW-f7DYen-nkq9Lv-eeBxiZ-7RQmiG-8PfZva-iDCRU3-4VrcS8-huTBMu-nPzYFY-d66jwy-6Hin8j-9NEtYQ-9NAsCc-nK4ig7-hwaA3B-nFNLcr-7CPS4C-nX1PNx-nKDqmE-nfcybg-nijJaM-o12aFv-o19kL4-j5wBnj-j5st3H-j5wNC7-j5uG97-j5uoJt-nQLUMc-j5vVXM-hSKt6o-nPhA2t-jJpz98-bA4bbC	2.0 (CC – BY – NC – SA 2.0)
Video 18	Janice Steele, York Technical College March 21, 2014	Employing Good Work Ethics	http://youtu.be/HNvika7gvU0	CC – Attribution 3.0 Unported (CC – BY)
Definition 7	Merriam-Webster (2014)	Definition Work-Ethic	http://www.merriam-webster.com/dictionary/work-ethic	Merriam-Webster (2014) Copyright – ww.Merriam-Webster.com
Figure 19	Florriebassingbourn March 10, 2006	For Regular Attendance and Good Conduct	https://www.flickr.com/photos/75166820@N00/112046323/in/photolist-aUgta-8rPN7T-8T8nyz-ciWjMU-ciWfVG-ciWjyJ-afHXzj-djdw7f-4LeelS-jXtiMZ-9ZUGR-9vQs4H-afHXsY-aiQwrrq-3WMXN-4CcYAn-eV99sf-jkvVQ-7XE4Jd-ioE17-76kcKJ-8hcwgV-7XAPCD-74wJ9F-7yYat3-5oxtwr-9qJ6yr-9ZUGQ-adB26a-4heSBd-5rw4XT-5byBJo-i3qRy-auGnc-2Q4Lzw-9ghC36-	Creative Commons – Attribution, Non-Commercial, Share Alike 2.0 (CC – BY – NC – SA 2.0)

			9eiWNT-9enpjf-9gkGny-fBbLfr-9eigsX-hB8eFt-9emVej-9qNXHb-9ZUGP-2yydXA-5e2WuP-88zojo-9qNWkQ-8DdXCw	
Figure 20	Celestine Chau August 29, 2013	Honesty	https://www.flickr.com/photos/celestinechua/9620170629/in/photolist-fE6TyR-mMSo8H-8KT9XG-apEkPU-aqzq9z-fpQ7au-9FihH4-dLwx6d-cbNBf-6JjbD9-caqTz9-4L7ekn-29skK-ag4A67-9xaLwB-2eV9P-ehhRiD-gr8Nvz-h4SoA-2eV9Q-bU39B-bU39C-7aV2D-6ovdLp-dexQy-n4tkwa-apBDnZ-tvmkQ-edgYw9-2ukrLE-4DcTiz-6Ge9hY-de3HT5-aqScqh-mmnA18-9wEQ4Z-4Vb6PP-5r6mrT-bA7Q1v-5raG3m-5qF47F-4vbg3-9DCEik-8e8d4-2Pp2MZ-9sRE-3vg2q-7i2UzC-9F9ZRC-j2ZGma	Creative Commons Attribution 2.0 (CC – BY 2.0)
Figure 21	Terry McCombs April 1, 2009	Fairness 1	https://www.flickr.com/photos/22809952@N03/3405379365/in/photolist-6bVsDk-aCEFBV-aCEERv-aCEFkn-aCEEDP-df4vu5-7wCqWx-5mNCMr-9UpUPH-8uEFJc-8uExpa-8uHHY3-8uECxT-8uHNdy-8uH DUh-8uHCzJ-8uEz cz-8uHET5-8uEzTR-8uEzy6-av4zW4-8uHMfq-8uEJUi-8LGPJD-8LGQBn-8LGQd4-8uEJii	Creative Commons Attribution Non-Commercial 2.0 (CC – BY – NC 2.0)

			8uHMTL-8uEyB2-8uEybg-8uVasX-8uYcm1-8uVaBK-9fhvmy-aNRaB2-7fwSy4-mCuhHb-8LEMRp-8uV9Ha-8uYcEw-8uYdj9-8uVaiV-8uV9yz-8uV9ZR-f4a9Ks-9495fr-9WoGTj-5ws2ku-7fY754-9PFMBs	
Video 19	Janice Steele, York Technical College April 28, 2014	Courtesy and Manners	http://youtu.be/VHkL5MTqoGE	CC – Attribution 3.0 Unported (CC – BY)
Figure 22	QuotesEverlasting August 1, 2013	Life is short, but there is always time enough for courtesy.” Ralph Waldo Emerson	https://www.flickr.com/photos/quoteseverlasting/9454819504/in/photolist-fpuqro-cgxQzG-akzDXL-2nor8a-4pL2kt-pHaQg-wMcz1	Creative Commons Attribution (CC – BY 2.0)
Figure 23	David Goehring October 4, 2009	Since When Are Manners Sufficient Contribution to Conversation?	https://www.flickr.com/photos/carbonnyc/4007437870/in/photolist-778aEo-nABGMd-3k3Tzd-kPBThi-6L3F2e-ssC7K-bfMJ1a-y57ya-a32rq2-8nFPbY-6rNLbz-v3t2q-34mfjZ-2Dzs39-8rVQKE-73kCdM-7Tg5CW-ascMWj-4n2PKw-5EMM5C-aGwY54-7gNwjZ-bH3VaB-ansACR-ijZJLj-bDYdcG-68Betb-a2bnMg-aFsvik-bdWa6x-aG9bAa-b6UqQx-p6e9A-awT1zB-88KtPG-bxXWZJ-aFEmk2-a2pcdP-bbfGfn-4uWFf-aF6A1h-dDFQi6-anvpFU-6AgrAE-8qFc9F-73uinQ-79VGfE-8EP8mn-	Creative Commons Attribution 2.0 (CC – BY 2.0)

			9Fvi6b-a35hz3	
Video 20	Janice Steele, York Technical College April 29, 2014	Dining Etiquette	http://youtu.be/jnwoiMcf6cg	CC – Attribution 3.0 Unported (CC – BY)
Figure 24	Renee Suen April 6, 2012	Place Setting	https://www.flickr.com/photos/sifu_renka/7059493073/in/photolist-69sG9m-61P2tj-61JPVV-61P2rC-tPQea-9iCEsn-9LcZsX-o8VRqe-nRri6b-2tDHVX-7SVy2b-4hBDyR-bKPKkP-9JqvSY-9JqvEQ-9JnFK2-9JqvXd-9T7XJQ-jX8BfV/	Creative Commons Attribution Non- Commercial, Non- Derivative 2.0 (CC – BY – NC - ND 2.0)
Video 21	Lisa Richey December 2, 2011	Business Dining Etiquette	https://www.youtube.com/watch?v=mPQEYowh7p4	Standard YouTube License
Video 22	Rothman Institute of Entrepreneurship at Fairleigh Dickinson University July 15, 2009	Business Dining Etiquette – Part 1 of 3	https://www.youtube.com/watch?v=yo8Fgu1Qi0U	Standard YouTube License
Video 23	Janice Steele, York Technical College April 29, 2014	Introductions	http://youtu.be/silr3dJyQVg	CC – Attribution 3.0 Unported (CC – BY)
Video 24	Howcast September 23, 2013	How to Introduce Others Good Manners	https://www.youtube.com/watch?v=qaKDfczomIE&no_redirect=1	Standard YouTube License
Video 25	Janice Steele, York Technical College April 28, 2014	Greeting Visitors	http://youtu.be/UQHftHujThM	CC – Attribution 3.0 Unported (CC – BY)
Video 26	Janice Steele, York Technical College April 28, 2014	Proper Business Etiquette	http://youtu.be/7B2Zkr-iPGI	CC – Attribution 3.0 Unported (CC – BY)
Figure 25	Giles Moss July 12, 2010	Configuring VoIP PBX	https://www.flickr.com/photos/mrgiles/4785751933/in/photolist-8hUejn-5uDnsz-596Esr-bUFBBa-ca1TLd-czxP9u-7wzZgx-czxNDL-8oCxws-6h1SGX-	Creative Commons Attribution Non- Commercial, Non- Derivative 2.0 (CC – BY – NC - ND 2.0)

			a1Lsmy-cA332Y-5qutJL-a3zvYa-cA44t7-LVpRd-cACXZG-cACYqd-4uNxPQ-cA3PAQ-cAThZY-czyvnY-cyXniU-cyZHSC-dMC8bv-cyWTqs-cyYNry-cA1TFq-cA1UB7-9QR3ST-cCszcf-9YbFQ8-64NPsP-5FiTa3-fYNkUU-9XR62q-7kpdev-cBP8uh-cAzD7y-cyYkjW-cAzC65-cW213G-a1N5rB-tDJLY-cAzCsY-cAzCVL-cAzBCw-cAzCKG-cAzBXb-cAzCZW	
Reference 3	National Institute of Standards and Technology (NIST) July 19, 2013	Time Converter	http://time.gov/HTML5/	NIST, US Department of Commerce
Figure 26	Pieter Ouwerkerk July 2, 2007	Phone: Voicemail Greeting	https://www.flickr.com/photos/pieterouwerkerk/699493658/in/photolist-24P66u-8iM8RQ-sUYSm-7PQfM2-24JDei-4GwYEG-ex68py-x9hb8-r3MAW-7oPFnQ-47KB3a-9ZHa1B-2jUZdC-6fcXnq-233DsJ-5oxNta-7hkST-knSh7-6Bei77-Cmov4-pVHAA-9sCJgc-dCT8aW-9gkwfT-8cFbKw-aJerbn-a3CtMs-5xgr2z-fuE4T9-ex6E5C-bnWQmB-avhSXW-a1iQMx-dkU5aE-FJiwk-5YSeRa-6YXEae-2GGNx-9j9SZB-cy4WoC-NhL6d-n8bmA-dZ4pSs-7Q4CsS-2qJi1-bpRz3Z-8XdLua-2aBP4X-	Creative Commons Attribution Non-Commercial 2.0 (CC – BY – NC 2.0)

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Video 27	Janice Steele, York Technical College April 29, 2014	Behaving Ethically	http://youtu.be/5i8Ktv0cU5U	CC – Attribution 3.0 Unported (CC – BY)
Definition 8	Merriam-Webster (2014)	Definition Ethics	http://www.merriam-webster.com/dictionary/ethics	Merriam-Webster (2014) Copyright – ww.Merriam-Webster.com
Figure 27	Sociology At Work November 3, 2013	Business Ethics	https://www.flickr.com/photos/sociology-at-work/10642854614/in/photolist-8TRAd7-4RW4SmeDEemS-8QoAE3-tZ1LPbs9vKr-bXFedu-bpQBCJ-a5oF29-7ZoM6p-8TNzvx-a3gCpa-aeydYS-abD11A-b6QWwr-hdtpTm-a3gDreb6WPsD-b6WPbZ-b6WPmp-4hrkF1-DTB6p-MioTi-kE9z8G-8iwNSS-aeuHC8-gx24R-8TNzww-iH9d-nHNRJq-ayVWdw-6FRRTi-8MXKfg-9RKyBxaeuYSX-5LYqpt-6nxrHc-pxHAI-pxHG2-pxHD4-6tWDy7-9yGq2R-gX4KrZ-7Ld23M-eyP8qM-acF6Wq-pxF7r-pxF4z-abD12U-i4jZpU	Creative Commons Attribution Non-Commercial, Share Alike 2.0 (CC – BY – NC – SA 2.0)
Video 28	Janice Steele, York Technical College April 29, 2014	Constructive Criticism	http://youtu.be/ABhPX4G95wY	CC – Attribution 3.0 Unported (CC – BY)
Definition 9	Wikipedia June 15, 2014	Description of Constructive Criticism	http://en.wikipedia.org/wiki/Constructive_criticism	CC- Attribution Share Alike 3.0 Unported License
Figure 28	Palo June 13, 2011	criticism, like rain, should be gentle enough to nourish a man's growth without destroying his	https://www.flickr.com/photos/paloetic/5831089297/in/photolist-	CC – Attribution Non-Commercial, Share Alike 2.0 (CC – BY – NC – SA 2.0)

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Video 29	Janice Steele, York Technical College May 1, 2014	Staying Healthy	http://youtu.be/auBMR3TvGac	CC – Attribution 3.0 Unported (CC – BY)
Figure 29	Renee Suen June 8, 2011	Raw Mackerel in Vinegar	https://www.flickr.com/photos/sifu_renka/5813239227/in/photolist-dcmdu4-dyHJmV--ftswPb-aeTdCq-dNiTtp-ejUmfo-29RPdM-2edAb-7LkxDL-7LgyUk-5XN2zX-c5HmE5-sqTCz-9BugUG-4biyQG-4XapwM-HPc3b-sqTBW-6KBNxb-56tK2q-dChsUR-4Xapga-9QjSR-bVGPZ8-5mWZCf-8egU4m-4zF72G-9RGnux-Jw348-crXCG9-4XRSQn-63D13u-7LgyQv-agnQsc-EcXpf-EcXNz-5PS2c6-c3FC8-97nsT1-ac5PZA-7WT4ta-e2Cmo-LiUFz-7RMDjC-9RM1Xz-2VVGk-64hFgL-jw3kB-7T4d8p	Creative Commons Attribution Non-Commercial, Non-Derivative 2.0 (CC – BY – NC - ND 2.0)
Reference 4	US Department of Agriculture National Agricultural Library May 13, 2014	Vitamins and Minerals	http://fnic.nal.usda.gov/food-composition/vitamins-and-minerals	Public Domain
Reading 2	Centers for Disease Control and Prevention September 27, 2012	Nutrition for Everyone	http://www.cdc.gov/nutrition/everyone/basics/foodgroups.html	Public Domain
Figure 30	Olearys March 13, 2012	Frutas e Vegetais	https://www.flickr.com/photos/97513256@N06/9041948559/in/photolist-eM1mhP-98uvY5-8XBPhB-7pUsgR-	Creative Commons Attribution 2.0 (CC – BY 2.0)

			5VsQmq-4TJiDi-4TJiv6-7pUwnF-8XEXRC-53SsZ6-dQu7VA-91Hcj-5uEpBQ-86prES-6dv3C-ezuNT5-agL2d4-7NwA1n-enWsbi-4TXc2E-eow9Fm-7TLspf-bpvLJz-7TLsk7-eow8td-6a41Yc-nJwVL9-enWtmx-8Ueimf-nxXNZq-nPjHv9-dq9sH-6a41YK-o6Prec-dq9r2-dq9rr-dpRSsP-31caPU-8KgZRd-dpCqzh-dq9tu-9ECY5A-PhJMT-axvrEW-4QzpdB-axsKbc-9baG3i-7THdNt-4EjKLe-6kZ5HV	
Reading 3	United States Department of Agriculture, Choose My Plate April 30, 2014	Daily Food Plans & Worksheets	http://choosemyplate.gov/supertracker-tools/daily-food-plans.html	Public Domain
Reference 5	wikiHow, No Date Given	How to Make Brochures on Microsoft Word	http://www.wikihow.com/Make-Brochures-on-Microsoft-Word#Office_2010_Template	CC – Attribution Noncommercial- Share Alike 3.0 Generic (CC BY – NC – SA 3.0)
Figure 31	Ed Yourdon January 11, 2010	Exercise calisthenics #2	https://www.flickr.com/photos/yourdon/4284212351/in/photolist-afkmek-7wzH5c-6DKWWM-3KQk9K-dUkSzu-5CCpRZ-njDevb-7yAKih-6DJPJe-axqQ16-6trz1A-c2JJxo-3KQjSH-637YMS-6DNYJs-bJXiQr-6ByJtT-bvfZz1-61HxsX-8aLkbt-6cfXBb-57Wc2B-6HjqKo-e5Bq2g-2ayhUe-nts4U1-c2JGZN-6uHigC-22KX97-5T6Vwj-9PEryU-c2JUFd-	Creative Commons Attribution, Non-Commercial, Share Alike 2.0 (CC – BY – NC – SA 2.0)

			<p>4XTYG4-6DKgaV-6PRRbK-c2JT3C-5T2ypZ-8vNYbn-6cbPbB-5T2y9X-896zyg-7dRrAv-22KXq1-7dVnKs-6cfXAs-c9EMP9-6Wz2z3-8HaH5e-8HdQ1J-5PHpu1</p>	
Figure 32	DVIDSHUB February 21, 2012	Any clime or any place, Marines stay fit	<p>https://www.flickr.com/photos/dvids/6779895708/in/photolist-bk7JMA-nQsJP7-9PEp9g-ckgFko-cuHmnW-ckgHzG-o7PQC9-9PEpbV-7xVrgK-7xZ7rf-9oupyh-8aLjPF-dRrhQh-dV8Z89-ckgG8Q-ckgG3Y-ckMkk9-ckgGa7-5SWxTX-j8KQdf-aZyLMP-7xZ6vm-7NiNmf-71x8si-hx6obz-cvfXZq-e16vrQ-csMK7A-aMgiU6-7xViCz-anc9yn-a7aMgw-8aLkbt-apgwwE-csMFgh-7xZ733-cM8oib-71x9op-fDdkjm-apgw7y-7zjj4d-a5945h-apgwEL-jkcwwK-e3C58X-e9H8wv-8F4HJ1-csMUs1-m1Mm9w-cMxnsy</p>	Creative Commons Attribution 2.0
Figure 33	Peasap June 8, 2008	Sleep Like A Baby	<p>https://www.flickr.com/photos/peasap/2561252071/in/photolist-4Uk61t-a647p6-bGTav6-jZbArT-5NtxHg-2cPmno-4RigeD-3bc3cS-9dSpW8-54AZD2-6mGVY-gaNyLP-eFyaTq-7cyEQM-aoVwin-cGmPiS-s3hZp-57CE2r-mTKFZT-Hhezw-6ffj9w-bJL8F2-f1LrTg-4BmNDq-fVDUvo-gzEHGQ-inPTzH-</p>	Creative Commons Attribution 2.0 (CC – BY 2.0)

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