**Unit 19—Psychotropic Agents**

Objectives

Upon completing this unit, you should be able to:

* Define the terms listed in the vocabulary.
* Describe the four classifications of psychotropic drugs.
* Define stress.
* State five diseases or conditions that may be implicated in stress.
* Describe symptoms of anxiety.
* List possible stressors for older adults.
* Explain how stress, anxiety, or depression could affect children.
* Complete the critical thinking questions and activities presented in this unit.
* State the actions, uses, contraindications, adverse reactions, dosages, routes, and implications for patient care of selected antianxiety, antidepressive, antipsychotic, and antimanic agents.
* List the symptoms of marked elevation of blood pressure.
* List the foods and beverages people should avoid when taking monoamine oxidase inhibitors.
* Complete the Spot Check on psychotropic agents.
* Answer the review questions correctly.