

Team Building

Materials

- Team Building PowerPoint
 - Success Skills Workbook
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Workshop Protocol

Time: 2.5 hours

- Talk about teams generally with the group, asking pertinent questions (slide 1)
- Discuss team norms (slide 2)
 - All teams have norms, rules, or guidelines that guide the behavior of team members.
 - In most cases they are not written down.
 - Norms can be positive and help the team.
 - Norms can also be counterproductive.
 - Some teams spend time establishing a set of norms or ground rules.
- Discuss our team's norms vs. adv. mfg. team norms (slides 4-5)
- Discuss steps to a successful team (slide 6)
- Have students do teambuilding exercise: Stranded on a Mountain (slides 7-8)
- Review steps to a successful team and discuss what worked/what didn't during the aforementioned exercise (slide 9)
- Discuss the five stages of team development/factors/characteristics (slides 10-12)
- Have students do teambuilding exercise: Raging River (slides 13-14)
 - Establish a starting point for the group and pass out laminated circles, "stones" for students "one side of the river"
 - Lay the rope in a circle shape 10-15 yards from the starting point
 - Establish an end point "the other side of the river"
 - Coach students along the process and provide additional "stones" for correct answers to challenge questions as needed.
- Reflect on the collaboration process as a whole group, asking pertinent questions (slide 15)
- Discuss preventing team conflict (slide 16-17)
- Discuss the three step process to resolving team conflict (slide 18)
- Watch Mind Tools YouTube video on the Interest-Based Relational approach to resolving team conflict and discuss (slide 19)

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